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FROM THE OFFICE OF STATE REPRESENTATIVE LA SHAWN K. FORD

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**For More Information:**

State Rep. La Shawn K. Ford  
(773) 378-5902

## **Rep. Ford Names Eighth District Parks & Recreation Outreach Coordinator**

**CHICAGO** – State Rep. La Shawn K. Ford (D-Chicago) announced today that Randy Williams will serve as the Parks and Recreation Outreach Coordinator for the Eighth District. Williams brings 20 years of recreation management experience to his new position.

"During this recession, it is important that people are aware of local park and recreation programs that are available all year around to meet the needs of students, senior citizens and everyone interested in wellness," said Ford. "Many of our park districts provide free programs that promote health, wellness and education, but unfortunately these programs may not be fully utilized simply because some people may not be aware that they exist."

Park districts provide an array of programs including after-school youth sports, senior fitness programs, and adult activities such as yoga and art. Ford wants to ensure everyone has the chance to take advantage of these quality programs; showing a need for these programs will help to avert future program cuts.

"The appointment of Mr. Williams is crucial to ensure we bridge the gap between the community, park districts and YMCAs, helping to improve the quality of life for all," Ford added.

In addition to 20 years of experience within the Chicago Park District, Randy Williams has five years of experience with the YMCA, as well as an extensive background in facilitating public and private partnerships to benefit area residents.

"It's always been my endeavor to bring community and resources together," said Williams. "I'm doing this voluntarily out of the goodness of my heart, because it is important to me that the community has quality programs to enjoy."

For more information, please call one of Ford's constituent service offices: the Oak Park office at (708) 445-3673 or the Chicago office at (773) 378-5902. Randy Williams can be reached at (773) 745-3990.