



# Press Release

FROM THE OFFICE OF STATE REPRESENTATIVE LA SHAWN K. FORD

**For Immediate Release:**

January 16, 2011

**For More Information:**

State Rep. La Shawn K. Ford

(773) 378-5902

**Rep. Ford will be Joined by Rep. Lilly to Host Students from  
Grades K-12 and their Families at his  
Fourth Annual FAMILY HEALTH CHALLENGE**

*Event Will Honor Dr. Martin Luther King and Promote Healthy Lifestyles for families*

CHICAGO - State Rep. La Shawn K. Ford (D-Chicago) will be joined on Monday, January 17, 2011 by more than 30 local community organizations for his Fourth Annual FAMILY HEALTH CHALLENGE, created to honor the legacy of Dr. Martin Luther King, Jr. and promote healthy living. Students and their parents will gather to participate in fun physical activities and learn sound nutritional facts. "We are proud to continue this King Holiday tradition of bringing a diverse group of students together to learn about Dr. King and promote healthy living. We hope to send a message as a community that we want a better future and we want to work together to get there," said Ford.

*For more information and registration forms, contact Rep. Ford's constituent service offices at 773-378-5902 or 708-445-3673, or visit [www.lashawnford.com](http://www.lashawnford.com).*

Who:	Rep. La Shawn K. Ford, Rep. Camille Y. Lilly, and community collaborative partners from Chicago, Oak Park, Berwyn, North Riverside, Riverside, and Proviso Township
What:	Fourth Annual FAMILY HEALTH CHALLENGE honoring Dr. Martin Luther King, Jr.
When:	Monday, January 17, 2011 10 am – 2 pm; registration at 9 am
Where:	Oak Park and River Forest High School 201 N. Scoville Ave Oak Park, IL 60302

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