

# FREE MENTAL HEALTH AWARENESS TRAINING



Olive-Harvey  
College  
10001 S. Woodlawn  
Ave.



Wednesday  
March 4, 2020



10:00am - 12:30pm

The training will include:

- ✓ What is mental health?
- ✓ How does stigma affect people?
- ✓ Who do you call in a mental health emergency?
- ✓ Where can you go for treatment?

The Kennedy Forum will provide training to the community on how to identify signs & symptoms of mental illness, reduce stigma, understand recovery and treatment, and how to help during a mental health crisis.

**To Register visit:**

<http://bit.ly/OliveHarvey>

Any questions or concerns:

[James@thekennedyforum.org](mailto:James@thekennedyforum.org)

**Hosted by:**



CITY COLLEGES of CHICAGO  
**Olive-Harvey**

