

Press Release...



FROM THE OFFICE OF STATE REPRESENTATIVE LA SHAWN K. FORD

For Immediate Release:
January 11, 2020

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Ford Teams Up with Zeta Phi Beta to Host 14th Annual Family HEALTH CHALLENGE Honoring Rev. Dr. Martin Luther King, Jr.

CHICAGO – State Representative La Shawn K. Ford, D-Chicago, teams up with Zeta Phi Beta Sorority – Tau Xi Zeta Chapter to host his 14th Annual Family HEALTH CHALLENGE honoring Rev. Dr. Martin Luther King, Jr. This event includes honoring Dr. King with a special historical program and healthy activities such as learning about healthy eating, fun games, yoga, African dance, and gymnastics, and will take place at George Leland STEM School, 512 S. Lavergne Ave, Chicago, on January 20, 2020 from 9 a.m. – 3 p.m. for students K-12 and their families. Additional activities will include programs about financial literacy, mental health, mentoring, and trauma training. Students can use this program for service learning opportunities.

“On the national holiday to honor Dr. King, it is great that we can come together to not only learn more about Dr. King’s life, but actually participate in activities that promote healthy living in our community,” said Ford. “Zeta Phi Beta – Tau Xi Zeta Chapter has worked hard at the HEALTH CHALLENGE in past years and I am happy they are willing to take a larger role at this year’s event.”

“We look forward to this annual event and are excited to be expanding our role this year,” said Renee Walker, event coordinator and member of Tau Xi Zeta Chapter, Zeta Phi Beta Sorority, Inc. “Our Sorority is celebrating her 100th year of providing service to communities around the globe. This program is one of the many ways we are involved in our local community.”

In addition to members of Rep. Ford’s team and the Tau Xi Zeta Chapter, the event includes volunteers from across Chicago and the western suburbs. For more information or to volunteer for this year’s Health Challenge, contact Zeta Phi Beta Sorority, Inc.–Tau Xi Zeta Chapter member, Renee Spruill-Walker at rwalker@tauxizeta.org or (708) 831-3635.

Who: State Rep. La Shawn K. Ford; Zeta Phi Beta Sorority, Inc.–Tau Xi Zeta Chapter; George Leland STEM School, Turon Ivy, M.Ed, Principal

What: Ford’s 14th Annual Family HEALTH CHALLENGE honoring Rev. Dr. Martin Luther King, Jr.

When: Monday, January 20, 2020, 9 a.m. – 3 p.m.

Where: George Leland STEM School, 512 S. Lavergne Ave, Chicago, IL 60644

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