

State Representative La Shawn K. Ford,  
District 97's Multicultural Education  
Department Present:

The **6<sup>th</sup>** Annual



Viewing of the  
Inauguration of  
President Barack Obama

# Family HEALTH CHALLENGE

In Honor of Dr. Martin Luther King, Jr. &  
the Viewing of the Historic Second Inauguration of our  
44th President, Barack Hussein Obama

*\*\*Events Sponsored by the Oak Park and River Forest Community Foundation\*\**

*Percy Julian Middle School*

416 S. Ridgeland Ave. | Oak Park, IL 60302

*Monday January 21, 2013 | 9:30 am - 2:30 pm*

Registration begins at 9 a.m. Visit [www.lashawnford.com](http://www.lashawnford.com) to print out your registration form. Completed registration forms may be faxed to Lynn Allen at fax 708-524-7703, or emailed to [llallen@op97.org](mailto:llallen@op97.org). For questions, contact Lynn Allen at 708-524-7700 or 7701.

Pre-registered participants' names will be placed in a special drawing for prizes!

## **Exciting Activities for the Whole Family Coordinated by Lynn Allen**

Presentation to Relive and Celebrate Dr. King's Dream, Hula Hoop, Food Art, Jump Rope, Food Juggle, Calories In/Calories Out, Guess the Food, Basketball & Personal Training Clinics for Older Students and Activities for Kids with Special Needs.

Experienced dieticians will teach students how to eat smart. A special nutrition and service session has been designed for parents. Students will also enjoy a tasty and nutritious free lunch, compliments of the Oak Park and River Forest Community Foundation.

**FREE! JOIN US!**