State Representative La Shawn K. Ford

DAILY JOB LISTINGS

4800 W Chicago Ave,
Chicago, IL 60651
TEL: 773-378-5902
FAX: 773-378-5903

Oak Park Office
816 S Oak Park Ave, Suite A
Oak Park, IL 60304
TEL: 708-445-FORD (3673)

Springfield Office
239-E Stratton Office Building
Springfield, IL 62706
TEL: 217-782-5962
FAX: 217-557-4502

Chicago Austin * Oak Park * Riverside * North Riverside * Brookfield * Berwyn * Proviso Township * Forest Park * La Grange * LaGrange Park * Western Springs

IST | Illinois Student Transportation

IMMEDIATE JOB OPENINGS

PART-TIME

Looking for Drivers

WILL TRAIN YOU FOR YOUR CDL LICENSE

What's In It For You?

- ***Commercial Drivers License!***
- Vacation & Holiday Pay!
- Safety Classes
- Year-round Work
- Join Our Large Family of Bus Drivers!

CDL TRAINING!

We Invest In Our Community!

GET STARTED ON YOUR CDL TODAY!

IST | Illinois Student Transportation
459 N. Pulaski
Chicago, IL 60624

Call Us Today!
(773) 638-3660

10/16/2016

CFL Workers Assistance Committee

Looking for a CAREER?
CDL Training and Employment Opportunity!

The CFL Workers Assistance Committee is recruiting individuals interested in obtaining their CDL and gaining employment in a high paying, local union truck driving position!

This is a great opportunity for training and employment with a notable trucking company.
Starting pay of $21.50 per hour plus great benefits!
Attend an upcoming orientation session to be considered for program.

Eligibility Requirements:

- Dislocated worker or military veteran
- HS Diploma or GED
- Ability to pass a physical and drug test
- *Background checks will be conducted
- Clean driving record & Illinois Resident
- At least 21 years of age
- Ability to read, write, & communicate in English
- Cook County Connection

Details:

Nine week comprehensive program that will prepare candidates for a career in the transportation industry; includes job readiness preparation and CDL training. Followed by On-the-Job-Training (OJT) and full time, permanent employment.

For more information and to sign up for an orientation session, contact Christopher Loverix at loverixc@cflwac.org or at (312) 565-9431 Ext. 454

Westchester Office: 9930 Derby Lane, Suite 203, Westchester, IL 60154

Downtown Chicago Office: 130 E. Randolph St. Suite 2600 , Chicago, IL 60601

The Chicago Federation of Labor Workers Assistance Committee is a mission-driven 501 (c) 3 organization dedicated to developing and strengthening the skills of Chicagoland workers to fulfill the needs of area employers and vitalize the local economy.
Funded by the Chicago Cook Workforce Partnership

CHICAGO COOK WORKFORCE PARTNERSHIP

TEAMSTERS ASSISTANCE PROGRAM MILITARY

ILLINOIS workNet Partner

www.cflwac.org

4800 W. CHICAGO AVENUE, CHICAGO, ILLINOIS 60651 773.378.5902 FAX 773.378.5903
SIGN UP FOR DAILY JOB LEADS WWW.LASHAWNFORD.COM EMAIL JOB LEADS TO WORKFORCE@LASHAWNFORD.COM PLEASE FEEL FREE TO FORWARD JOB LEADS TO OTHERS
Jobs Found at: https://www.usajobs.gov/

10/16/2016

Chicago Career Fair

Thursday, October 20, 2016

11:00 AM to 2:00 PM

Holiday Inn Chicago/Oak Brook
17 W 350 22nd St
Oakbrook Terrace, IL 60181

What to bring... Bring plenty of resumes, as you'll be giving them directly to hiring managers at each company. If you have a multi-page resume, make sure your name and contact information are on each page. Be organized and bring supplies you might need i.e. pens, paper, business cards, etc. How long should you spend at the job fair... You can spend as little or as long as you want at the show. Plan to spend one hour at the event. You should be able to speak with at least ten company representatives or more in this time. What do I do at the job fair? Walk up to each company, introduce yourself, shake their hand, give them a resume and ask what positions they are looking for

For more information and to register, visit www.choicecareerfairs.com

10/16/2016

Chicago Job Fair

December 8 2016 – 11am -2pm

The Congress Plaza Hotel
520 South Michigan Ave
Chicago IL 60605

For More Information, contact organizers at:

(714) 783-4228

info@besthirecareerfairs.com

Website Contact

https://www.besthirecareerfairs.com/

10/16/2016

Construction Industry Apprenticeship Training – Chicago

Date/Time:

Monday, October 10, 2016
6:00 PM - 10:00 PM
Description:
FREE: Pre-Apprenticeship Program and Job Development for Construction Industry

WHO: *For minorities, females and veterans trained by Interfaith Equal Employment Initiative (IEEI), 18 years and older.*

WHERE: *New Birth Church of God in Christ*
1500 West 69th Street Chicago, IL. 60636
Pastor Willard L. Payton, Host Church
WHEN: *Every Monday Starting September 19, 2016 – thru November 7, 2016 - 8 weeks.*

Doors open at 6pm ~ Limited Seating so contact us to register

Information Needed:

1. Driver's License,

2.Social Security Card,

3. Copy of High School Diploma or G.E.D.
(will consider Non High School Graduates)

Background Checks: ***Will consider non-violent criminal backgrounds***

To Register: PHONE FIRST- Call Rev Haynes at 773-905-2355

website www.interfaitheei.org

Civil Engineer (Recent Graduate)

U.S. ARMY CORPS OF ENGINEERS

Agency Contact Information

1 vacancy in the following location:

- Rock Island, IL

Duties

This position is being filled at the GS-05, 07, 09 level with potential conversion to a position with a full performance level at GS-11.

As a Civil Engineer (Recent Graduate), you will:

- Participate and complete a training program within the Engineering and Construction, Operations, and Projects and Programs Management Divisions at the Rock Island District.
- *Contact*
- Central Resume Processing Center
- Email: USARMY.APG.CHRA-NE.MBX.APPLICANTHELP@MAIL.MIL

10/16/2016

Child and Youth Program Asst - Entry

COMMANDER, NAVY INSTALLATIONS

Agency Contact Information

- 3 vacancies - Great Lakes, IL

Duties

The CYP Assistant – Entry Level does the following:

- Uses prepared curriculum and program materials to implement and lead daily planned activities with children and promotes a positive, nurturing learning environment.
- Helps to prepare, arrange, and maintain indoor and outdoor activity areas and materials to support daily schedules, and helps to organize and serve snacks and meals to participating children.
- *Contact*
- Commander, Navy Region Mid-Atlantic
  Phone: 847-688-2110

Aviation Safety Assistant (OA)

FEDERAL AVIATION ADMINISTRATION

Agency Contact Information

1 vacancy in the following location:

- Springfield, IL

Duties

Incumbent serves as Aviation Safety Assistant in a Flight Standards Field Office. Provides administratively and semi-technical support to the Aviation Safety Inspectors by obtaining background data, preparing reports, reviewing applications, interviewing applicants, processing certificates, typing, computer input/output, and maintaining technical and administrative files.

Contact

Patricia Masupha
Phone: 847-294-7744
Email: Patricia.Masupha@faa.gov

10/16/2016

General Engineer

U.S. ARMY RESEARCH, DEVELOPMENT AND ENGINEERING COMMAND

Agency Contact Information

3 vacancies in the following location:

- Rock Island, IL

Work Schedule is Full Time - Permanent

Duties

As a General Engineer, you will be responsible for the following:

- Prepare specifications, drawings and other related technical documentation.
- Give technical guidance to procurement personnel on contracts.
- Perform a variety of scientific and technical investigations requiring theoretical, analytical, experimental and design studies during development and production.
- *Contact*
- Central Resume Processing Center
- Email: USARMY.APG.CHRA-NE.MBX.APPLICANTHELP@MAIL.MIL

10/16/2016

Supervisory Medical Technologist

DEPARTMENT OF VETERANS AFFAIRS - AGENCY WIDE

Agency Contact Information

1 vacancy in the following location:

- Peoria, IL

Duties

The Supervisory Medical Technologist is assigned to the Veterans Affairs Peoria Community Based Outpatient Clinic laboratory and is responsible for managing and supervising all phases of laboratory service. The Supervisory Medical Technologist provides guidance and serves as an authority on laboratory medicine; develops guidelines

Contact

Stacie Bartlett
Phone: (217)554-3202
Email: STACIE.BARTLETT@VA.GOV

10/16/2016

CARPENTER

NAVAL FACILITIES ENGINEERING COMMAND

Agency Contact Information

2 vacancies in the following location:

- Great Lakes Naval Training Center, IL

Work Schedule is Full Time -

Duties

-Constructs, installs, repairs, and modifies wood and wood substitute structures and items requiring close tolerance fit and structural soundness
-Interprets drawings, blueprints, and specifications independently, and determines the layout and work sequences and types of lumber or special related materials.

Contact

DON Employment Info Center EIC
Phone: (800)378-4559
TDD: 858-577-5723
Email: DONEIC@NAVY.MIL

Contract Price/Cost Analyst

DEFENSE CONTRACT MANAGEMENT AGENCY

Agency Contact Information

1 vacancy in the following location:

- Chicago, IL

Duties

- Completes classroom and on-the-job training to acquire, exercise, and maintain knowledge of the duties inherent in the administration or price/cost analyst of firm-fixed-price contracts and other contracts of similar complexity or of specific phases of more complex contracts such as overhaul and repair, facilities, cost-plus-fixed-fee, etc.

- *Contact*
- Central Resume Processing Center

- Email: USARMY.APG.CHRA-NE.MBX.APPLICANTHELP@MAIL.MIL

10/16/2016

Information Technology Specialist (Network)

Agency Contact Information

1 vacancy in the following location:

- North Chicago, IL

Duties

As an Information Technology Specialist (Network), you will be responsible for the following:

- Manage security signatures on a network based/intrusion prevention system.
- Analyze network malfunctions by adjusting equipment configurations.
- Provide advice to decision makers in setting program goals/establishing priorities to support the organizational mission.
- Configure network equipment to resolve network problems.

Contact

Central Resume Processing Center
Email: USARMY.APG.CHRA-NE.MBX.APPLICANTHELP@MAIL.MIL

10/16/2016

IT Specialist (Networks)

RAILROAD RETIREMENT BOARD

Agency Contact Information

1 vacancy in the following location:

- Chicago, IL

Duties

As a IT Specialist (Networks) with the U.S. Railroad Retirement Board (RRB), you will:

- advise other information technology personnel and users regarding data communications technology
- develop comprehensive technical requirements for communications and networking hardware, software, and consultative services
- *Contact*
- RRB Human Resources Office
  Phone: (312)751-4580
- Email: RECRUIT@RRB.GOV

10/16/2016

Utilities Program Specialist

PUBLIC BUILDINGS SERVICE

Agency Contact Information

FEW vacancies in the following location:

- Location Negotiable After Selection, United States

The selected candidate serves as a regional technical authority and a recognized national expert in utilities management and deregulation, with responsibility for providing expert advice on the development, interpretation and implementation of technical policy directives and programs and will also also serve as a senior utilities specialist for the purpose of surveying and evaluating regional buildings and existing service provider agreements and contracts to determine potential improved revenue ration and revised utility service, and to research innovative financing and utilities procurement options

Contact

Theresa Gibbs
Phone: 312-353-8177
TDD: 800-877-8339
Email: theresa.gibbs@gsa.gov

10/16/2016

Lead Project Manager

PUBLIC BUILDINGS SERVICE

Agency Contact Information

Few vacancies in the following locations:

- Chicago, IL

The Lead Project Manager position will serve as a team lead and a project manager over a variety of complex projects involving initial space design and build out, repair and alterations, new construction or other projects to provide space that is suitable for customer needs. In addition to the team lead duties, the Lead PM has full responsibility for the administration and management of assigned projects

Contact

Theresa Gibbs
Phone: 312-353-8177
TDD: 800-877-8339
Email: Theresa.gibbs@gsa.gov

10/16/2016

Railroad Safety Inspector (Track) - GS - 2121 -12 (Open to U.S. Citizens) BP

FEDERAL RAILROAD ADMINISTRATION

Agency Contact Information

1 vacancy in the following locations:

- Madison County, IL

  - Performs inspections and monitoring functions to assure compliance with Federal safety and health regulations among railroads, railroad employees, and contractors assigned to the geographical territory.
  - Investigates complaints from railroad employees, the general public, or Legislative or governmental representatives involving unsafe conditions of track or the other subject areas of responsibility, and interviews complainants, railroad officials, and any parties as required for proper investigation of the complaint.
  - *Contact*
  - Automated Staffing Office
    Phone: 202-366-1298
  - Email: TRANSJOBS@dot.gov

10/16/2016

Accountable Property Specialist

FEDERAL EMERGENCY MANAGEMENT AGENCY

Agency Contact Information

- MANY vacancies - Location Negotiable After Selection, United States

As an **Accountable Property Specialist (APSP)** in FEMA's Reservist Program, primary duties include the following:

- Accurately receive items into the Inventory System of Record;
- Accurately manage hand receipts;
- Perform effective inventory asset management;
- Create and execute a Property Transfer Report in accordance with Accountable Property guides;
- *Contact*
- Hope Jones
  Phone: 202-322-6277
- TDD: 800-877-8339
- Email: hope.jones@fema.dhs.gov

10/16/2016

IT Specialist (Web Developer)

RAILROAD RETIREMENT BOARD

Agency Contact Information

Few vacancies in the following location:

- Chicago, IL

As a Web Developer with the U.S. Railroad Retirement Board (RRB) you will

- Determine overall technical design and structure for assigned web applications
- Provide technical advice to other developers
- Ensure rigorous application of information security assurance policies, principles, and practices to the application development process
- Apply knowledge of the .Net.framework components and tools (ASP.Net, Visual Basic Net, ADO.Net, Visual Studio.NET2003 or higher) scripting Languages (JavaScript) and other technologies (HTML, and Classic ASP) in the application development process
- *Contact*
- RRB Human Resources Office
  Phone: (312)751-4580
- Email: RECRUIT@RRB.GOV

10/16/2016

Podiatrist

VETERANS AFFAIRS, VETERANS HEALTH ADMINISTRATION
Agency Contact Information

1 vacancy in the following location:

- Peoria, IL

The Podiatrist is aligned under the Surgery Service Line. The Podiatrist functions as an independent practitioner exercising initiative and judgment in day-to-day activities. The Podiatrist is responsible for seeing patients in both inpatient and outpatient settings. Responsibilities include screening outpatients and providing ongoing care, ordering diagnostic tests and consultations, writing discharge orders, providing education and counseling to patients and families, performing surgical procedures, and following podiatry inpatients.

Contact

Doug Verplank
Phone: (217)554-4548
Email:DOUGLAS.VERPLANK@VA.GOV

10/16/2016

Industrial Specialist

DEFENSE CONTRACT MANAGEMENT AGENCY

Agency Contact Information

1 vacancy in the following location:

- Arlington Heights, IL

  - Establishes risk-based surveillance activities for Time and Material (T&M) contracts
  - Performs contract review to identify contractual technical requirements and develop required tasks for the execution of the surveillance plans
  - Conducts formal and informal Pre-Award Surveys and capability reviews of potential contractors
  - Develops production surveillance plans based on FAR, DFARS, risk assessments and requirements provided in Agency policy, instruction, resource documents or procedures
  - *Contact*
  - Central Resume Processing Center
    Email: USARMY.APG.CHRA-NE.MBX.APPLICANTHELP@MAIL.MIL

10/16/2016

Spring 2017 Student Honors Business Program (Undergraduate)

SECURITIES AND EXCHANGE COMMISSION

Agency Contact Information

Many vacancies in the following locations:

- Washington DC, DC
- Miami, FL
- Chicago, IL

Undergraduate students will be assigned to work with SEC staff members on projects and assignments that cover a broad range of the Commissions' work. That work depends upon the division or office where the student works. Intern assignments range from supporting securities regulations to assisting in professional administrative duties such as human resources, contracting, auditing, etc

Contact

Lindsey M. Nedd
Phone: (202)551-4167

TDD: 1-800-877-8339
Email: STUDENTS@SEC.GOV

10/16/2016

Economist (Recent Graduate)

FIELD OPERATING OFFICES OF THE OFFICE OF THE SECRETARY OF THE ARMY

Agency Contact Information

1 vacancy in the following location:

- Rock Island, IL

- Assist in economic analysis for water resources development projects.
- Assist in conducting surveys of the project area and reviewing existing or historical study documentation.
- Analyze and evaluate data, using computer modeling such as Geographic Information Systems (GIS)/Microsoft Excel/Hydrologic Engineering Center Flood Damage Analysis (HEC-FDA), to determine potential damages of flooded areas, quantify benefits to be derived from proposed improvements, and estimate economic impact of the project.
- *Contact*
- Central Resume Processing Center
  Email: USARMY.APG.CHRA-NE.MBX.APPLICANTHELP@MAIL.MIL

10/16/2016

Management and Program Assistant

OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION

Agency Contact Information

- 1 vacancy - Calumet City, IL

GS:7 - Tracks and retrieves information from the Area Office's enforcement and administrative data records to accomplish assigned duties. Researches and tracks expenses and maintains the budget for Calumet City, IL Area Office. Assists in the debt collection procedures. Assists in processing of citations. Provides confidential administrative assistance to the Area Director. Performs record management duties for the office

Contact

Mary Bradford
Phone: 312-353-1579
TDD: 877-889-5627
Email: bradford.mary@dol.gov

10/16/2016

CMS EMPLOYMENT

Testing is offered on easy to use touch screen computers. Applicants are allowed at least 90 minutes to answer the questions on automated tests. On tests with a larger number of questions or more complex questions (Human Resources Assistant & Associate; Data Processing Specialist & Administrative Specialist; Disability Claims Adjudicator Trainee; Insurance Analyst II; Revenue Tax Specialist Trainee; Social Services Career Trainee; Telecommunicate Trainee), more time is allowed to complete the exam.

Public use copiers are not available at the Assessment Centers. Therefore, it is important that applicants bring with them copies of their application for each title and test option for which they want to test.

Chicago Office:
James R. Thompson Center
100 W. Randolph, Suite 3-300
Chicago, IL 60601-3220
(312) 793-3565 (voice)
Illinois Relay Center 800) 526-0844

MONDAY, TUESDAY, WEDNESDAY, THURSDAY ONLY -- Flexible Schedule Testing Check in time for tests - clerical and non-clerical is anytime between 8:00 a.m. - 1:30 p.m.

10/16/2016

What is the CTA Second Chance Program?

The CTA Second Chance Program is an initiative offered in conjunction with the City of Chicago and social service agencies throughout the city. Working closely with the Department of Family and Support Services, hard-to-place individuals are given an opportunity to obtain full-time employment and training which may enable a start of a long-term, meaningful career.

How to apply

Jobseekers need to actively participate in one of the 13 designated agencies' work readiness programs. The CTA Second Chance program is in regular communication with the agencies listed below. The agencies' top participants are referred to CTA for the bus servicer and rail car servicer Second Chance positions.

Click Here For the 13 Designated Agencies

What are the eligibility requirements and qualifications?

- Job seekers interested in participating must:
  - Reside within the City of Chicago
  - Be 18 years or older
  - Participate in 8-10 weeks of Job Readiness Training and obtain a certificate of completion from one of the13 referring agencies.
- Second Chance participants that are referred are required to be released from the following:
  - House arrest (wearing metal band/bracelet)
  - Drug/alcohol program (i.e. Methadone treatment)
  - Work release center
  -

How many Second Chance positions are available?

Up to 265 Second Chance participants may be employed by CTA in one calendar year. Start and end dates per Second Chance participant are on a rolling basis.

How long does the program last?

Based on job performance and attendance, a participant may serve for 12 months or more.

How much does the program pay?

Participants are paid at a rate of $10.00 per hour and may work up to 40 hours per week. Pay checks are issued on a bi-weekly pay period.

How is a participant selected?

As positions become available, CTA contacts the referring agencies. Referring agencies recommend applicants who they have screened and who have successfully completed the job readiness program.

Once the referring agency recommends an applicant, what happens?

- Applicants are fingerprinted for background processing.
- Applicants complete a medical review.
- If the applicant passes background and medical what are the next steps?
  - Orientation/pre-hire
  - Applicants attend a new employee orientation thoroughly outlining program guidelines, eligibility requirements, job functions, placements, and Union participation.
  - Completion of all hiring documentation and application inserts
  - Training

- Participants are required to complete a (paid) safety training prior to reporting to assigned work location.

- The overall performance and attendance/tardiness of each apprentice is scored.
- Supervisors and apprentices are required to review the scoring of the evaluations, solicit feedback and address any questions or concerns.
- Agencies provide individual case management on each apprentice and maintain periodic contact.

What happens when the participant successfully completes the program?

- Participants in good standing receive a certificate of completion and letter of reference from CTA.
- Providing there are no additional arrests or convictions on the participant's record, the Second Chance program participant is encouraged to apply for CTA vacancies.

Who can you call if you have questions?

If you still have questions about this program, you can contact the CTA Second Chance Hotline

- 312-681-2293.

10/16/2016

10 REASONS TO CONSIDER JOINING THE ARMED FORCES

Whether you are considering the military out of a sense of Patriotism or duty, for action and adventure, or for a steady job in a depressed economy, there is something for everyone. Here are 10 reasons the military may be a good fit for you.

4800 W. CHICAGO AVENUE, CHICAGO, ILLINOIS 60651 773.378.5902 FAX 773.378.5903
SIGN UP FOR DAILY JOB LEADS WWW.LASHAWNFORD.COM EMAIL JOB LEADS TO WORKFORCE@LASHAWNFORD.COM PLEASE FEEL FREE TO FORWARD JOB LEADS TO OTHERS
Jobs Found at: https://www.usajobs.gov/

1. Patriotism, defending our nation, and a sense of duty. Military service is a time-honored way to serve others first. Walter Reuther is quoted as saying, "There is no greater calling than to serve your fellow men. There is no greater contribution than to help the weak. There is no greater satisfaction than to have done it well." (Source). This quote sums up what it means to serve. When you join the military, you learn the true meaning of service.

2. Jobs in a down economy. The US has experienced a difficult economy over the last few years, including high levels of unemployment, rising costs, and the outsourcing of many jobs. If you are looking for employment, consider the military, which continues to offer jobs for those who are qualified medically and academically, and who do not have an extensive criminal record.

3. Pay and benefits. A new second lieutenant starts at over $36,000 a year plus full benefits, not including added monthly allowances of up to $3,000, depending on where he or she is stationed. An enlisted person starts at around $20,000 a year plus full benefits, not including added monthly allowances of up to $1,500 depending on where he or she is stationed. Enlistment and re-enlistment bonuses can be over $20,000. After serving only 3 years, some nuclear trained enlisted members in the Navy receive bonuses of $90,000 for re-enlisting. Student loans can be relieved by up to $65,000. The military is also one of the few places where you can get a full pension after serving 20 years or more. Military can reach 50-75% of the average of your final three years base salary. In some instances, you can receive more than 75% of your base pay in retirement.

4. Full medical coverage for you and your family. Military members are immediately eligible for full health care benefits for themselves and their immediate family members as soon as they enter

the service, and if you stay through until retirement, you and your family can take these benefits with you when you leave the military. These health benefits extend to immediate family (e.g. spouses and children, and sometimes dependent parents). You may also be eligible for temporary military healthcare benefits after you leave the service.

5. Skills and training. The military provides advanced technical training in a variety of career fields and also offers opportunities for additional training when you are off-duty. Many military members are able to attend college that is often paid for by tuition assistance. You can use your training opportunities to advance within your career field, earn certifications or degrees, or prepare yourself to transition back into civilian life.

6. Leadership opportunities. Military leadership is a great way to get your resume for your next career. If you were to hire someone, would you want to hire someone with proven skills and experience and a degree, or someone right out of high school/college? Give me the experienced professional any day of the week! (More tips for creating your post-military resume).

7. Travel opportunities and vacation time. The military has installations all around the world and pays for you and your family to get there and back. Your off duty time is yours and you are free to travel and see the world. The military gives you 30 days of paid leave per year, not including weekends and federal holidays, depending on your job.

Benefits after Leaving the Service

8. Education opportunities after you leave the military. The new GI Bill pays veterans who served at least 36 months a monthly living stipend and full tuition to pay for college, after they leave the military. Depending on how long the service member commits, this GI Bill can be transferred to spouses and children.

9. Buy a home with no money down with a VA Loan. The Veterans Affairs office offers veterans a way to purchase a home with no money down through the VA Loan. This makes it easier to purchase a home while you are serving, or after you have left the service.

10. A military retirement is worth millions. An officer with 20 years of service, who earns over $100,000 per year, could retire with a pension of over $48,000 per year for life in his or her 40's and start a second career. Imagine earning over $4000 per month for the rest of one's life, starting at age 42. This equates to an accumulative pay of $480,000, $960,000, $1.4 million in 10, 20, and 30 years, respectively, in addition to having full health care coverage and an income from a second job, if desired. (Oh, and those numbers don't account for annual cost of living adjustments which increase your monthly pension).